

Menu Item (Serving Size)	Calories (Kcal)	Total Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Protein (g)	Potassium (mg)	Allergen(s)
Category: Milk									
MILK, 1% WHITE (1 ea.)	110.00	2.50	15.00	130.00	12.00	0.00	8.00	399.97	Contains Milk.
MILK, SKIM WHITE (1 ea.)	90.00	0.00	5.00	130.00	12.00	0.00	8.00	399.97	Contains Milk.
SOY MILK, VERY VANILLA (1 ea.)	150.00	4.50	0.00	80.00	18.00	2.00	8.00		Contains Soy.
Category: Meat / Meat Alternate									
BACON CHEESEBURGER (1 ea.)	465.00	25.50	97.50	825.00	29.00	4.00	32.50	0	Contains Beef, Corn/Corn Products, Gluten, Milk, Pork, Soy, Sunflower Seeds, Wheat.
BACON CHEESEBURGER W/ FRENCH FRIES (1 ea.)	583.55	29.06	97.50	1026.54	46.78	6.37	33.69	249.07	Contains Beef, Corn/Corn Products, Garlic, Gluten, Milk, Pork, Potatoes, Soy, Sunflower Seeds, Wheat.
BBQ PORK ON A BUN (1 ea.)	440.06	19.06	71.25	393.82	45.06	4.00	25.06		Contains Corn/Corn Products, Garlic, Gluten, Pork, Soy, Tomatoes, Wheat.
BREADED CHICKEN DRUMSTICK - 2 LEGS (1 serv.)	683.42	40.38	186.39	1646.41	18.64	3.11	59.02	963.62	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Wheat.
BREADED CHICKEN FILET & PEPPER JACK CHEESE SANDWICH (1 ea.)	435.69	17.56	62.66	736.19	42.51	6.00	31.04	700.23	Contains Carrot, Chicken, Corn/Corn Products, Garlic, Gluten, Milk, Soy, Wheat.
BURRITO, MACHO CHILI CHEESE (1 ea.)	347.96	15.44	39.19	458.43	34.61	5.85	18.24	417.00	Contains Beef, Corn/Corn Products, Garlic, Gluten, Milk, Peas, Potatoes, Soy, Tomatoes, Wheat.
BURRITO, MACHO CHILI CHEESE W/ REFRIED BEANS (1 ea.)	499.97	19.06	44.19	684.94	57.11	12.87	25.59	417	Contains Beef, Corn/Corn Products, Garlic, Gluten, Milk, Peas, Potatoes, Soy, Tomatoes, Wheat.
CHEESEBURGER (1 ea.)	385.00	18.50	82.50	535.00	29.00	4.00	27.50	0	Contains Beef, Corn/Corn Products, Gluten, Milk, Soy, Sunflower Seeds, Wheat.
CHEESEBURGER W/ FRENCH FRIES (1 ea.)	503.56	22.06	82.50	736.54	46.78	6.37	28.69	249.07	Contains Beef, Corn/Corn Products, Garlic, Gluten, Milk, Potatoes, Soy, Sunflower Seeds, Wheat.
CHEESEBURGER W/ TATER TOTS (1 ea.)	495.69	24.54	82.50	846.93	43.09	5.01	28.51	211.31	Contains Beef, Corn/Corn Products, Gluten, Milk, Potatoes, Soy, Sunflower Seeds, Wheat.
CHICKEN NUGGETS (5 pc.)	240.00	14.00	20.00	470.00	16.00	3.00	13.00	320.07	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Soy, Wheat.
CHICKEN NUGGETS W/ MASHED POTATOES & WG ROLL (1 serv.)	510.21	21.32	20.3	1238.34	63.34	6.31	19.61	780.56	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Milk, Potatoes, Soy, Wheat. May contain Egg.
CHICKEN POPPER SALAD W/ WG HOMEMADE ROLL (1 ea.)	529.63	24.34	115.39	845.02	51.45	8.58	29.35	1214.19	Contains Carrot, Chicken, Corn/Corn Products, Egg, Garlic, Gluten, Milk, Soy, Tomatoes, Wheat.
CHICKEN TENDER, SPICY (3 pc)	260.00	15.00	25.00	390.00	17.00	3.00	15.00	810.00	Contains Carrot, Chicken, Corn/Corn Products, Garlic, Gluten, Soy, Wheat.
COBB SALAD W/ HAM & WG ROLL (1 ea.)	357.66	14.91	142.9	854.71	35.95	5.26	25.43	808.8	Contains Egg, Gluten, Milk, Soy, Tomatoes, Turkey, Wheat.
DELI HAM CROISSANT SANDWICH W/ BABY CARROTS & GOLDFISH CRACKERS (1 serv.)	420.78	17.89	42.16	912.62	50.14	6.05	17.19	257.97	Contains Carrot, Corn/Corn Products, Gluten, Milk, Pork, Soy, Sunflower Seeds, Wheat.
DELI HAM CROISSANT SANDWICH W/ SANDWICH TRIMMINGS, BABY CARROTS & GOLDFISH CRACKERS (1 serv.)	432.13	18.01	42.16	922.37	52.49	6.89	17.92	311.52	Contains Carrot, Corn/Corn Products, Gluten, Milk, Pork, Soy, Sunflower Seeds, Tomatoes, Wheat.
DELI HAM WRAP W/ BROCCOLI DIPPERS & GOLDFISH CRACKERS (1 ea.)	466.42	21.88	48.15	1118.66	53.47	5.69	18.96	208.07	Contains Corn/Corn Products, Egg, Garlic, Gluten, Milk, Pork, Soy, Sunflower Seeds, Tomatoes, Wheat.
DELI TURKEY & CHEESE SANDWICH W/ BABY CARROTS & GOLDFISH CRACKERS (1 serv.)	425.47	14.37	65.33	1087.83	46.73	7.05	27.93	368.19	Contains Carrot, Gluten, Milk, Soy, Sunflower Seeds, Turkey, Wheat.
DELI TURKEY & CHEESE SANDWICH W/ SANDWICH TRIMMINGS & GOLDFISH CRACKERS (1 serv.)	412.00	14.39	65.33	1042.30	43.24	5.84	28.21	253.77	Contains Gluten, Milk, Soy, Sunflower Seeds, Tomatoes, Turkey, Wheat.
DELI TURKEY BREAST WRAP W/ BROCCOLI DIPPERS & GOLDFISH CRACKERS (1 ea.)	511.43	22.37	71.47	1245.88	52.08	5.69	27.74	208.07	Contains Corn/Corn Products, Egg, Garlic, Gluten, Milk, Soy, Sunflower Seeds, Tomatoes, Turkey, Wheat.
DELI TURKEY CROISSANT SANDWICH W/ BABY CARROTS & GOLDFISH CRACKERS (1 serv.)	465.47	18.37	65.33	1037.83	48.73	6.05	25.93	257.97	Contains Carrot, Corn/Corn Products, Gluten, Milk, Soy, Sunflower Seeds, Turkey, Wheat.
DELI TURKEY CROISSANT SANDWICH W/ SANDWICH TRIMMINGS, BABY CARROTS & GOLDFISH CRACKERS (1 serv.)	476.81	18.49	65.33	1047.58	51.09	6.89	26.66	311.52	Contains Carrot, Corn/Corn Products, Gluten, Milk, Soy, Sunflower Seeds, Tomatoes, Turkey, Wheat.
FRUIT & YOGURT SALAD (W/ CONTAINER YOGURT) (1 ea.)	454.08	10.13	25.00	388.15	78.64	7.79	17.35	526.24	Contains Cinnamon, Corn/Corn Products, Gluten, Milk, Oats/Oat Products, Oranges/Orange Juice, Soy, Strawberries, Wheat.

GENERAL TSO CHICKEN (1 serving (4))	216.49	7.22	51.55	463.91	24.74	1.03	12.37	0	Contains Chicken, Corn/Corn Products, Egg, Garlic, Gluten, Milk, Sesame, Soy, Wheat.
GENERAL TSO CHICKEN W/ ASIAN STYLE RICE & SEASONED BROCCOLI (1 serving (4))	778.25	19.73	51.55	2001.38	124.07	9.49	27.27	456.94	Contains Chicken, Corn/Corn Products, Egg, Garlic, Gluten, Milk, Sesame, Soy, Wheat.
GRILLED CHEESE ON TX TOAST (1 ea.)	493.33	24.67	50.00	976.67	48.00	0.00	20.00	158	Contains Corn/Corn Products, Gluten, Milk, Soy, Sunflower Seeds, Wheat.
GRILLED CHEESE ON TX TOAST W/ FRENCH FRIES (1 ea.)	611.89	28.22	50.00	1178.21	65.78	2.37	21.19	407.07	Contains Corn/Corn Products, Garlic, Gluten, Milk, Potatoes, Soy, Sunflower Seeds, Wheat.
HAM HOAGIE W/ CELERY STICKS & GOLDFISH CRACKERS (1 serv.)	417.48	17.94	42.16	930.31	47.38	4.05	15.20	60.52	Contains Gluten, Milk, Pork, Soy, Sunflower Seeds, Wheat.
HAM HOAGIE W/ SANDWICH TRIMMINGS, BABY CARROTS & GOLDFISH CRACKERS (1 serv.)	443.26	18.05	42.16	943.50	53.66	5.91	15.93	282.04	Contains Carrot, Gluten, Milk, Pork, Soy, Sunflower Seeds, Tomatoes, Wheat.
HAM HOAGIE W/ SANDWICH TRIMMINGS, CELERY STICKS & GOLDFISH CRACKERS (1 serv.)	428.82	18.06	42.16	940.06	49.74	4.89	15.93	114.07	Contains Gluten, Milk, Pork, Soy, Sunflower Seeds, Tomatoes, Wheat.
PIZZA, CHEESE, GARLIC WG CRUST (1 slice)	430.00	17.00	30.00	500.00	46.00	3.00	25.00	170.00	Contains Corn/Corn Products, Garlic, Gluten, Milk, Oranges/Orange Juice, Soy, Tomatoes, Wheat.
PIZZA, PEPPERONI, GARLIC WG CRUST (1 slice)	450.00	19.00	35.00	620.00	45.00	4.00	25.00	170.00	Contains Beef, Corn/Corn Products, Garlic, Gluten, Milk, Oranges/Orange Juice, Pork, Soy, Tomatoes, Wheat.
POPCORN CHICKEN MASHED POTATO BOWL w/ HOMEMADE ROLL (1 serv.)	665.53	29.20	52.45	1662.38	72.47	7.8	30.04	1254.95	Contains Carrot, Chicken, Corn/Corn Products, Garlic, Gluten, Milk, Potatoes, Soy, Turkey, Wheat. May contain
SEASONED CHICKEN FAJITA SOFT TACOS W/ & QUESO (1 serv.)	351.91	11.35	66.17	1711.09	40.20	0.55	22.46	140.63	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Milk, Potatoes, Tomatoes, Wheat.
SEASONED CHICKEN FAJITA SOFT TACOS W/ RANCHERO BEANS & QUESO (1 serv.)	461.50	13.29	66.17	2099.20	59.81	7.92	28.55	140.63	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Milk, Potatoes, Tomatoes, Wheat.
SPICY CHICKEN SANDWICH (1 ea.)	350.00	13.00	55.00	630.00	40.00	5.00	22.00	400	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Soy, Wheat.
SPICY CHICKEN SANDWICH W/ FRENCH FRIES (1 ea.)	468.56	16.56	55.00	831.54	57.78	7.37	23.19	649.07	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Potatoes, Soy, Sunflower Seeds, Wheat.
STEAK FINGERS (4 ct) w/ MASHED POTATOES, GRAVY & 2 oz HOMEMADE ROLL (1 serv.)	534.97	24.05	65.3	1189.05	59.55	5.31	22.61	441.19	Contains Beef, Chicken, Corn/Corn Products, Garlic, Gluten, Milk, Potatoes, Soy, Wheat. May contain Egg.
TANGERINE CHICKEN (1 serving (4))	195.87	4.12	46.39	391.75	25.77	2.06	14.43	0	Contains Chicken, Corn/Corn Products, Egg, Garlic, Gluten, Oranges/Orange Juice, Soy, Wheat.
TANGERINE CHICKEN W/ ASIAN STYLE RICE & SWEET CORN (1 serving (4))	838.00	17.27	46.39	1901.45	145.79	9.59	30.71	257.95	Contains Chicken, Corn/Corn Products, Egg, Garlic, Gluten, Milk, Oranges/Orange Juice, Soy, Wheat.
TEXAS RANCH SALAD W/ WG HOMEMADE ROLL (1 ea.)	476.12	20.37	157.33	1967.94	45.40	5.17	29.92	423.82	Contains Chicken, Corn/Corn Products, Egg, Garlic, Gluten, Milk, Soy, Sunflower Seeds, Tomatoes, Wheat. Processed in a facility that also processes Tree nuts.
TURKEY & DRESSING (AKA TURKEY SUPREME) (1 serving)	356.51	13.11	84.71	797.92	35.59	4.35	24.21	672.19	Contains Chicken, Corn/Corn Products, Egg, Garlic, Gluten, Milk, Soy, Sunflower Seeds, Turkey, Wheat.
TX PETE'S HOT CHICKEN w/ MASHED POTATOES, GRAVY & HOMEMADE ROLL (1 serv.)	852.93	40.28	218.21	941.16	46.41	3.56	74.68	1005.71	Contains Chicken, Corn/Corn Products, Gluten, Milk, Potatoes, Soy, Wheat. May contain Egg.
WINGS OF FIRE (5 ct) w/ MASHED POTATOES (1/2 c), GRAVY (1 oz) & HOMEMADE ROLL (1	536.63	25.24	137.83	1407.37	47.655	3.56	32.11	452.27	Contains Chicken, Corn/Corn Products, Garlic, Gluten, Milk, Potatoes, Soy, Wheat. May contain Egg.
Category: Bread / Grain									
ASIAN STYLE RICE (1 c.)	357.88	7.06	0.00	1029.37	65.45	3.54	8.75	177.9	Contains Gluten, Milk, Soy, Wheat.
ROLL, HOMEMADE WHEAT (2 oz.)	154.35	4.04	0.3	262.38	26.43	2.3	4.60	102.63	Contains Gluten, Milk, Soy, Wheat.
TEXAS TOAST (1 ea.)	186.67	8.83	0.00	273.33	22.00	0.00	5.00	79.00	Contains Corn/Corn Products, Gluten, Milk, Soy, Sunflower Seeds, Wheat.
Category: Fruit									
APPLE, FRESH, GREEN (1 ea.)	94.64	0.31	0.00	1.82	25.13	4.37	0.47	194.74	Contains Apples.
APPLE, FRESH, RED (1 ea.)	107.38	0.36	0.00	1.82	25.59	4.19	0.49	189.04	Contains Apples.
APPLESAUCE, PLAIN, UNSWEETENED (1/2 c)	50	0	0	1	14	1	1	0	Contains Apples.
APPLESAUCE CUPS (1 ea.)	60	0	0	15	14	1	0		Contains Apples.

BANANA, FRESH (1 ea.)	119.04	0.42	0.00	1.28	29.23	3.33	1.40	458.24	
MANDARIN ORANGES (1/2 c)	86.67	0	0	12.48	21.15	1.21	1.21	148.2	Contains Oranges/Orange Juice.
MIXED BERRIES CUP (1 ea.)	90	0	0	0	20	2	0		Contains Strawberries.
ORANGES, FRESH (1 ea.)	61.57	0.16	0.00	0.00	15.39	3.14	1.23	237.11	Contains Oranges/Orange Juice.
STRAWBERRY CUP, DICED (1/2 c)	80	0	0	1	21	2	0		Contains Strawberries.
Category: Juice									
APPLE JUICE, 4 OZ (1 ea.)	60.00	0.00	0.00	5.00	14.00	0.00	0.00	150.00	Contains Apples.
ORANGE JUICE, 4 OZ (1 ea.)	60.00	0.00	0.00	0.00	13.00	0.00	0.90	210.00	Contains Oranges/Orange Juice.
Category: Vegetables									
BABY CARROT & BROCCOLI DIPPERS, FRESH (1/2 c.)	17.78	0.11	0.00	32.86	3.97	1.44	0.67	133.99	Contains Carrot.
BROCCOLI, STEAMED & SEASONED (1/2 c.)	29.53	1.57	0.00	30.96	3.05	2.29	1.52	137.23	Contains Milk, Soy.
BURGER SALAD (SHREDDED DARK LEAFY LETTUCE & TOMATO SLICES) (1 ea.)	11.96	0.13	0.00	10.09	2.49	0.88	0.76	54.97	Contains Tomatoes.
BUSH'S BAKED BEANS (1/2 c.)	150.01	0.00	0.00	370.03	30.00	5.00	7.00	369.92	Contains Corn/Corn Products, Garlic.
CARROTS, SLICED, BUTTERY (1/2 c.)	53.99	2.23	0.00	206.02	7.71	2.89	0.96	0.02	Contains Milk, Soy.
CORN W/ MARGARINE (1/2 c.)	84.96	2.01	0.00	11.81	17.32	1.65	2.47	0	Contains Corn/Corn Products, Milk, Soy.
FRESH SIDE SALAD (SHREDDED DARK LEAFY LETTUCE & DICED TOMATO) (1 ea.)	8.93	0.09	0.00	9.25	1.83	0.68	0.61	54.97	Contains Tomatoes.
FRIES, CRINKLE CUT (1/2 cup servin)	118.56	3.56	0.00	201.54	17.78	2.37	1.19	249.07	Contains Corn/Corn Products, Garlic, Potatoes, Soy, Sunflower Seeds.
GREEN BEANS, SEASONED (1/2 c.)	16.06	0.37	0.00	145.19	2.54	1.27	0.64	63.7	Contains Milk, Soy.
MASHED POTATOES (1/2 c.)	70.46	1.01	0.00	345.35	14.09	1.01	2.01	323.15	Contains Milk, Potatoes.
RANCHERO BEANS (1/2 c.)	109.58	1.94	0.00	388.10	19.61	7.37	6.09	0	Contains Corn/Corn Products, Garlic, Tomatoes.
REFRIED BEANS (1/2 c.)	152.01	3.62	5.00	226.51	22.50	7.02	7.35		Contains Corn/Corn Products, Potatoes, Soy, Sunflower Seeds.
TATER TOTS (1/2 c.)	122.06	6.66	0.00	343.98	15.54	1.11	1.11	233.02	Contains Corn/Corn Products, Potatoes, Soy, Sunflower Seeds.
Category: Condiments									
BBQ SAUCE, DUNK CUP (1 ea.)	40.00	0.00	0.00	65.00	10.00	0.00	0.00	133.00	Contains Corn/Corn Products, Garlic, Soy, Tomatoes.
GRAVY, PEPPER (Low Na) (1 oz.)	20.16	1.01	0.00	71.32	3.02	0.00	0.00	15.41	Contains Corn/Corn Products, Gluten, Milk, Wheat. May contain Egg, Soy.
ITALIAN DRESSING, FAT FREE (1 1/2 oz.)	20.58	0.00	0.00	672.17	4.12	0.00	0.00	0.00	Contains Corn/Corn Products, Garlic.
JALAPENOS, SLICED (1 oz.)	4.52	0.06	0.00	311.67	1.00	0.40	0.14	38.54	
KETCHUP, PC, LOW SODIUM (2 ea.)	20.00	0.00	0.00	50.00	4.00	0.00	0.00	62.00	Contains Corn/Corn Products, Garlic, Tomatoes.
MAYO, LIGHT, PC (1 ea.)	35.00	3.00	5.00	115.00	3.00	0.00	0.00	0.00	Contains Corn/Corn Products, Egg, Soy.
MUSTARD, PC (1 ea.)	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	Contains Corn/Corn Products.
RANCH DRESSING (2 oz.)	117.91	10.73	12.29	519.31	3.71	0.00	1.13	51.23	Contains Corn/Corn Products, Egg, Garlic, Milk, Soy.

RANCH DRESSING, FAT FREE, PC (12 g) (2 ea.)	18.59	0.11	0.25	252.77	4.63	0.08	0.38		Contains Corn/Corn Products, Egg, Garlic, Milk, Soy.
SALSA (1/4 c.)	20.00	0.00	0.00	140.00	4.00	2.00	0.00		Contains Corn/Corn Products, Garlic, Tomatoes.
SOUR CREAM, PC (1oz)(1 ea.)	60.00	5.00	20.00	15.00	1.00	0.00	1.00		Contains Milk.
Category: Other									
COOKIE, TURKEY SHAPED, IW	130.00	4.5	10	100	22	1	2	33	Contains Egg, Gluten, Milk, Red Dye, Wheat.